



Paula Williams, RD, CEC

Senior Consultant

Affiliations & Achievements

Academy of Nutrition & Dietetics

-Founding Member of DPG Food & Culinary Professionals

American Culinary Federation (ACF)

ACF-Alterra Chapter Chef of the Year

Education

Bachelor of Science, Dietetics
University of Wyoming

Dietetic Internship
Yale-New Haven Hospital
New Haven, CT

Certified Executive Chef, CEC
Registered Dietitian, RD

Presentations

ACF- Western Regional

AND – FNCE Academy of Nutrition & Dietetics

Sysco Foods

UniPro Foodservice

US Foods

Experience

Paula has over 30 years of healthcare foodservice experience. She was the third person to achieve the combined credentials of Registered Dietitian and Certified Executive Chef.

Her operational experience includes all segments of healthcare foodservice administration, from acute care to assisted living and all levels of retirement services. She has extensive knowledge of menu writing and recipe development, staff development, coaching and training, dining service and meal delivery programs, with special emphasis on food presentation and customer satisfaction.

Paula honed her culinary skills as the Catering Director for a 380-bed hospital, where she oversaw the success of their annual fund-raising event for 5,000 guests.

Paula has supported Ruck-Shockey's clients and their staffing needs for the last eight years.

Selected Project Experience

Gottlieb Memorial Hospital
Chicago, IL

Northwest Community Hospital
Chicago, IL

Mercy Medical Center
Mason City, IA

Spring Valley Hospital
Las Vegas, NV

Children's Medical Center
Dallas, TX

Dominican Hospital
Santa Cruz, CA

RSA SERVICES

- Operations
- Implementation Services
- Room Service Conversion
- Interim Management
- Training and Development
- System Conversions