



## Liz Hollowell Consultant

### Education

Bachelor of Science  
Management  
Metro State College  
Denver, CO

Certified Dietary Manager

### Affiliations

Association of Nutrition &  
Foodservice Professionals  
(ANFP)

Association for  
Healthcare Foodservice  
(AHF)

### Awards

Malcolm Baldrige National Quality  
Award

Avatar International Award

### Experience

Liz is a consultant with Ruck-Shockey Associates, Inc. She has over 35 years of healthcare operations experience, with a focus in foodservice, environmental services and laundry. Liz has a proven track record of achieving results in service, quality, strategic objectives, employee engagement, as well as customer and patient satisfaction. Liz built award-winning teams, managed multiple hospitals, multi-million dollar budgets, implemented room service and oversaw building additions and remodels. Liz applies expert knowledge, industry experience and relentless energy to every project.

### Selected Project Experience

Elected multiple times to serve as a mentor and consultant for other organizations, from hundreds of leaders, by U.S. Food Peer Prism Program.

UHealth - North  
Fort Collins, CO

Centura Health  
St. Anthony Hospital  
Lakewood, CO