



Anita Zefo

Education

Bachelor of Science
Clinical Dietetics
University of California
Davis, CA

USAF Dietetic Internship
Andrews AFB, Washington, DC

Affiliations

Academy of Nutrition and
Dietetics (AND)

Dietetic Practice Group,
Management in Food and
Nutrition Systems

Dietetic Practice Group,
Clinical Nutrition
Management

Air Force Dietitians Association

Certifications

Registered Dietitian
ServSafe Certified

Summary

Anita has more than thirty years of experience in food service management, primarily in the healthcare industry, with brief periods of employment in both colleges/universities and business/industry. She has managed services with up to a \$7.4 million operating budget and as many as 120 employees.

Anita is dedicated to customer service, having provided uninterrupted food and nutrition services during multiple strikes (up to nine weeks in length) by unionized healthcare workers in San Francisco. In addition, she managed 24-hour meal service for hundreds of defense personnel, as well as hospital staff, physicians and visitors, during a period of intense civil unrest in Los Angeles.

Anita most recently demonstrated ongoing support for the merge of two specialty acute care hospitals, to include presiding over a Transition Planning Team, supervising the associated major kitchen construction and planning for the return of tray passing to Nutrition and Food Services.

Professional Experience

SUTTER HEALTH (2000 – 2014)

Sutter Medical Center, Sacramento, CA
Director, Nutrition and Food Services

California Pacific Medical Center
San Francisco, CA
Clinical and Patient Services Manager

MORRISON MANAGEMENT SPECIALISTS
(1997 – 1999)

Seton Medical Center and Seton Medical Center
Coastside, Daly City, CA
Director, Food and Nutrition Services

ARAMARK CORPORATION (1985 – 1997)

Desert Hospital, Palm Springs, CA
General Services Director

Rancho Los Amigos Medical Center
Downey, CA
Food Service Director

Good Samaritan Hospital, Los Angeles, CA
Food Service Director

Marian Medical Center and Marian Residence
Santa Maria, CA
Food Service Director

Mount Zion Hospital and Medical Center
San Francisco, CA
Assistant Food Service Director

SERVICE AMERICA CORPORATION
(1983 – 1985)

National Semiconductor, Santa Clara, CA
Food Service Manager

Stanford University, Stanford, CA
Assistant Manager, Cafeteria

UNITED STATES AIR FORCE (1977 – 1983)

Nutrition Technical Writer, Sheppard AFB, TX
Medical Food Service Officer, Chanute AFB, IL