



Anita Zefo

Education

Bachelor of Science
Clinical Dietetics
University of California
Davis, CA

USAF Dietetic Internship
Andrews AFB, Washington, DC

Affiliations

Academy of Nutrition and
Dietetics (AND)

Dietetic Practice Group,
Management in Food and
Nutrition Systems

Dietetic Practice Group,
Clinical Nutrition
Management

Air Force Dietitians Association

Certifications

Registered Dietitian
ServSafe® Certified

Summary

Anita has more than thirty years of experience in food service management, primarily in the healthcare industry, with brief periods of employment in both colleges/universities and business/industry. She has managed services with up to a \$7.4 million operating budget and as many as 120 employees.

Anita is dedicated to customer service, having provided uninterrupted food and nutrition services during multiple strikes (up to nine weeks in length) by unionized healthcare workers in San Francisco. In addition, she managed 24-hour meal service for hundreds of defense personnel, as well as hospital staff, physicians and visitors, during a period of intense civil unrest in Los Angeles.

Anita most recently demonstrated ongoing support for the merge of two specialty acute care hospitals, to include presiding over a Transition Planning Team, supervising the associated major kitchen construction and planning for the return of tray passing to Nutrition and Food Services.

Professional Experience

Ruck-Shockey Associates, Inc.

Loyola University Medical Ctr., IL
Seton Medical Center, CA
Holy Cross Hospital, MD
Mercy Clinton Hospital, IA

SUTTER HEALTH

Sutter Medical Center, Sacramento, CA
California Pacific Medical Center
San Francisco, CA

MORRISON MANAGEMENT SPECIALISTS

Seton Medical Center and Seton Medical Center
Coastside, Daly City, CA

ARAMARK CORPORATION

Desert Hospital, Palm Springs, CA
Rancho Los Amigos Medical Center
Downey, CA

Good Samaritan Hospital, Los Angeles, CA

Marian Medical Center and Marian Residence
Santa Maria, CA

Mount Zion Hospital and Medical Center
San Francisco, CA

SERVICE AMERICA CORPORATION

National Semiconductor, Santa Clara, CA
Stanford University, Stanford, CA

UNITED STATES AIR FORCE

Nutrition Technical Writer, Sheppard AFB, TX
Medical Food Service Officer, Chanute AFB, IL